

# **“PARENT LIKE A LEADER” WORKSHOP**

**COMING DECEMBER 6, 2016 TO A LOCATION NEAR YOU!**

**Given by Certified Leadership Parenting Coaches Holly Cox & Heather Cox  
This workshop is designed for parents of toddlers through 5<sup>th</sup> Grade.**

**Where: Marist High School Theater  
4200 West 115<sup>th</sup> Street, Chicago, IL 60655  
When: December 6, 2016 - 7:00 pm – 9:00 pm**

**Marist Friends and Family Discount \$10.00/per person - \$15.00/couple  
(normally \$20.00/per person - \$30.00/couple)  
Call Holly Cox @ 708-717-5327 for more information.**

**Are you drained by the end of the day? Do you find parenting stressful? Are you tired of repeating yourself over and over again – only to be ignored? Do you eagerly await the evening so you can put the kids to bed and finally have some peace and quiet in your own home? Have you forgotten what it’s like to take time for yourself? Do you spend a great deal of energy worrying about the happiness and/or success of your children? Do you feel like you have put your own life on hold since becoming a parent? If so, you are definitely not alone! Trust us. It’s not too late to turn things around. During this fun and informative two-hour workshop, you will learn:**

- **the amazing strategy that leads to a more enjoyable parenting experience.**
- **# 1 way to get your children to listen to you the first time you say something.**
- **the secret to eliminating arguments with your children.**
- **why nagging, screaming, crying, guilt-tripping, and bribing never work in the long run.**
- **the most empowering thing you can do for your children.**
- **the # 1 way adults can discourage initiative and motivation despite the best of intentions.**
- **the top 3 reasons for teaching humility and manners.**
- **essential strategies for developing resilience, responsibility, and resourcefulness in children.**
- **a sure-fire way to decrease anxiety levels in your children.**
- **the best way to put the brakes on sibling rivalry and tattling.**
- **The # 1 way to defuse tantrums when they occur.**
- **the 5 most important things you can do to prepare your children for academic success and for adult life.**