

FTC Fitness Friday's



**Journey to Wholeness
Center**

**Kimberly from Journey to Wholeness Center will be joining us to
host a Yoga Class**

**Friday February 2, 2018
St. Linus Cardiff Center
10400 S Lawler, Oak Lawn, IL 60453**

Doors Open at 6:30pm

Workout 7:00-8:00pm

\$10 a person

Designed for all fitness levels

**Please bring a mat and water. This event is for adults
only**

Name: _____

of tickets: _____

Please send cash or check payable to St Linus FTC or order
online at <https://www.eventbrite.com/e/ftc-fitness-fridays-tickets-38132602641> (CC processing fee will be charged)

